

EXAMINING YOUR RELATIONSHIP

What are your rights in a relationship?

- To express your opinions and have them be respected
- To have your needs be as important as your partner's needs
- To grow as an individual in your own way
- To change your mind
- To not take responsibility for your partner's behavior
- To not be physically, emotionally, verbally or sexually abused
- To break up with or fall out of love with someone and not be threatened

Are you being abused?

- Are you frightened by your partner's temper?
- Are you afraid to disagree?
- Are you constantly apologizing for your partner's behavior, especially when he or she has treated you badly?
- Do you have to justify everything you do, everywhere you go, and everyone you see just to avoid your partner's anger?
- Does your partner put you down, but then tell you that he or she loves you?
- Have you ever been hit, kicked, shoved or had things thrown at you?
- Do you not see friends or family because of your partner's jealousy?
- Have you ever been forced to have sex?
- Are you afraid to break up because your partner has threatened to hurt you or himself or herself?
- Has your partner ever threatened your life or the life of someone close to you?

**If you have questions or need help please call
the Warren Council on Domestic Violence at 540-635-9062.**

**Support groups are held every Tuesday at 7:00 pm
in the conference room at WCCDV.
For more information please contact Tammy Sharpe at 635-9194.**